

FOI 14674 PCC Correspondence with 'Enough'

Request:

This is a request for information according to the Freedom of Information Act 2000. My request relates to communications between the Devon and Cornwall Police and Crime Commissioner, and the CIC known as "Enough." in the time period 1 January 2024 and 31 December 2024.

Enough is also known as This is enough Limited and enough®.

1. Please can you provide me with copies of all communications between Devon and Cornwall Police and Crime Commissioner, and the CIC Enough, in the time period specified. This can include but is not limited to, all email communications between the university and the following email addresses: Katie White: katie@myenough.com Tom Allchurch: tom@myenough.com As well as SMS messages, written letters.
2. Please can you also provide me with copies of any meeting minutes between Devon and Cornwall Police and Crime Commissioner, and representatives from Enough including Katie White and Tom Allchurch, in the time period specified. This can include minutes from face to face meetings, or phone calls.
3. Please can you also provide me with any handouts or meeting materials such as PowerPoint presentations shared by Enough including Katie White and Tom Allchurch, with Devon and Cornwall Police and Crime Commissioner, in the time period specified.

Schedule of Response Information:

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☎ 01392 225555 ✉ opcc@dc-pcc.gov.uk

📍 The Office of the Police and Crime Commissioner
Andy Hocking House, Alderson Drive, Exeter EX2 7RP

🌐 devonandcornwall-pcc.gov.uk

We have undertaken a detailed search of our records and can confirm that we hold some information pertinent to this question. Please find copies of these communications attached. Please note that some information has been redacted or removed under the following Freedom of Information Act exemptions:

- Section 40(2) Personal information
- Section 43(2) Commercial interests

Section 40 is a class based absolute exemption (does not require the consideration of the public interest) where it can be evidenced that disclosure of the information would breach the General Data Protection Regulation Act 2018 (GDPR).

Disclosures made under FOI are made to the general public and not just to the requesting individual.

We consider that disclosure of personal data of OPCC staff and other third parties would contravene the data protection principles, in particular Article 5(1) of the GDPR which requires that personal data shall be (a) processed lawfully, fairly and in a transparent manner in relation to individuals ('lawfulness, fairness and transparency').

GDPR protects personal information from being disclosed to any person other than yourself. An unlawful disclosure of such information would leave a Public Authority vulnerable to civil litigation

Section 43(2) is a qualified, prejudice-based exemption and requires the application of Prejudice Test and a Public Interest Test before it can be claimed as follows:

Prejudice (Harm) Test

We consider that disclosure of some information pertinent to this request would be likely to prejudice the commercial interests of Enough. Some information which has been sent from Enough to the Police and Crime Commissioner is commercially sensitive and includes information which we consider to be akin to a business case.

Disclosure of this information is likely to prejudice Enough's commercial interests as the information could be used by their competitors to gain a competitive advantage. This would disadvantage the company in the market place both now and in the future.

Other information was provided to Enough in confidence by third parties. Breach of this confidence through an FOI disclosure could harm Enough's reputation and prejudice the organisation's ability to conduct itself in a commercial environment.



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Public Interest Test

Factors favouring disclosure:

The Freedom of Information Act encourages transparency and honesty from all public authorities and Devon & Cornwall OPCC is no exception to this. By releasing information held by the OPCC we are encouraging public trust and belief in our work.

Factors favouring non-disclosure:

There is a strong public interest in allowing private sector, third sector and public sector organisations of all sizes to develop business cases and commercial products and to share information with other organisations without fear of this information being made public.

If commercially or business sensitive information were to be released by the OPCC as part of a FOI disclosure, it would then discourage other companies from working with or supplying services to the OPCC.

Damage would therefore not only be commercially harmful to Enough but also the OPCC.

Balancing test:

Having weighed up the competing interests of the test above I have come to the decision in favour of non-disclosure of the redacted and removed information in the document attached. The risk of releasing this information is greater than the potential benefits.

2. Please can you also provide me with copies of any meeting minutes between Devon and Cornwall Police and Crime Commissioner, and representatives from Enough including Katie White and Tom Allchurch, in the time period specified. This can include minutes from face to face meetings, or phone calls.

Following a detailed search of our records, we have not been able to identify any meeting minutes pertinent to this question, and therefore consider that on the balance of probabilities that we do not hold this information.

3. Please can you also provide me with any handouts or meeting materials such as PowerPoint presentations shared by Enough including Katie White and Tom Allchurch, with Devon and Cornwall Police and Crime Commissioner, in the time period specified.

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Additional context

Whilst not pertinent to your request, the OPCC would like to provide some additional context and information in addition to the attached disclosure document.

Neither the OPCC or the Police & Crime Commissioner are affiliated with Enough or have endorsed the work of Enough. There has been a small number of emails exchanged between the PCC and Enough over the past 12 months and one meeting held via MS Teams in July 2024 between the PCC, a representative of Enough and two members of OPCC staff. The OPCC has no record of any further meetings, including that which is referenced in the email from Enough dated 8th September 2024 (included in the attached disclosure document).



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On 9 May 2024, at 11:06, [REDACTED]@myenough.com> wrote:

Hi Alison

I hope you're doing well - congratulations on the brilliant result last week.

I met [REDACTED] last week and she suggested that I reach out to discuss 'Enough' with you. Enough is a revolutionary form of reporting and deterring rape. It's a reporting system that survivors actually want to use, not connected to the CJS. That said, some survivors will want to use their evidence with the police and we want to make sure that route can be open to them.

I'd love to speak with you to hear your thoughts on Enough, and because I believe you could be a key advocate as we prepare to launch at Bristol University in September.

I've attached my pitch deck that explains Enough in more detail, as well as my website here: <https://myenough.com>

Looking forward to hearing from you

[REDACTED]

From: Alison Hernandez <alison@alisonhernandez.co.uk>

Sent: Thursday, May 9, 2024 6:07 PM

To: [REDACTED]@myenough.com>

Cc: HERNANDEZ Alison 99901 <alison.hernandez@devonandcornwall.pnn.police.uk>

Subject: Re: Start up aiming to end rape - connected by [REDACTED]

Hi [REDACTED]

This certainly sounds innovative. I'm looking for radical ideas around domestic abuse and rape, as what we do now is not working to deter perpetrators.

I have asked my CEO if we can set up a meeting in person or online to explore this pragmatic idea.

Kind regards

Alison Hernandez

Police and Crime Commissioner

Devon, Cornwall & the Isles of Scilly

Promoted by [REDACTED], on behalf of Alison Hernandez both of [REDACTED]

[REDACTED]

On 9 May 2024, at 18:39, [REDACTED]@myenough.com> wrote:

Hi Alison

Great, I'd love to meet either in person or zoom. I'm currently based in London but I'll be coming to Bristol again for further research within the month. Where are you based?

Best wishes

[REDACTED]

From: Alison Hernandez <alison@alisonhernandez.co.uk>

Sent: Thursday, May 9, 2024 7:04 PM

To: [REDACTED]@myenough.com>

Subject: Re: Start up aiming to end rape - connected by [REDACTED]

Hi [REDACTED]

We're based in Exeter, but online is fine if need be.

Kind regards

Alison Hernandez

Police and Crime Commissioner

Devon, Cornwall & the Isles of Scilly

Promoted by [REDACTED], on behalf of Alison Hernandez both of [REDACTED]

From: [REDACTED]@myenough.com>

Sent: Friday, May 10, 2024 9:20 AM

To: Alison Hernandez <alison@alisonhernandez.co.uk>

Subject: Re: Start up aiming to end rape - connected by [REDACTED]

Please can we do zoom? That way, [REDACTED] (cofounder) can also join. Please let me know some times that could work for you w/c 20 may onwards?

Looking forward to speaking.

[REDACTED]
On 22 May 2024, at 14:16, [REDACTED]@myenough.com> wrote:

Hi Alison

I just wanted to check back in and see if you're still available to speak?

I can be flexible tomorrow all day and Friday morning. Otherwise please can you send some times that could work for you next week?

Thanks

[REDACTED]
From: Alison Hernandez <alison@alisonhernandez.co.uk>

Sent: Wednesday, May 22, 2024 3:34 PM

To: [REDACTED]@myenough.com>

Cc: [REDACTED]@devonandcornwall.pnn.police.uk>

Subject: Re: Start up aiming to end rape - connected by [REDACTED]

Hi [REDACTED]

Yes but I'm away in London and unavailable for meetings. I have asked my PA to make arrangements with you

Kind regards

Alison Hernandez

Police and Crime Commissioner

Devon, Cornwall & the Isles of Scilly

Promoted by [REDACTED] on behalf of Alison Hernandez both of [REDACTED]
[REDACTED]

From: [REDACTED]@myenough.com>

Sent: Wednesday, May 22, 2024 3:52 PM

To: Alison Hernandez <alison@alisonhernandez.co.uk>

Cc: [REDACTED]
[REDACTED] devonandcornwall.pnn.police.uk>

Subject: Re: Start up aiming to end rape - connected by [REDACTED]

Hi Alison and [REDACTED]

I'm based in London and would love to meet while you're here if you have any availability?

Speak soon

[REDACTED]

From: [REDACTED]@myenough.com>

Sent: Thursday, May 23, 2024 3:38 PM

To: [REDACTED]
[REDACTED] devonandcornwall.pnn.police.uk>; Alison Hernandez
<alison@alisonhernandez.co.uk>

Cc: [REDACTED]@devonandcornwall.pnn.police.uk>

Subject: Re: Start up aiming to end rape - connected by [REDACTED]

Hi [REDACTED]

Thanks for getting back to me, hope Alison had a good trip.

I'm really sorry but I can't do that time on the Wednesday. I'm free from 4pm onwards that day, or can be a lot more flexible any other day that week

Thanks

[REDACTED]

From: [REDACTED]@myenough.com>

Sent: 09 July 2024 09:33

To: [REDACTED]
Cc: HERNANDEZ Alison 99901 <Alison.Hernandez@devonandcornwall.pnn.police.uk>;

[REDACTED]@devonandcornwall.pnn.police.uk>; [REDACTED]
[REDACTED]@devonandcornwall.pnn.police.uk>

Subject: Re: Ending rape: innovative start-up

Thank you for the introduction, [REDACTED]

Hi [REDACTED]

I'd love to explain more about enough to you and how we hope to drastically reduce the prevalence of rape, and improve the recovery journey for survivors. We do not want to replace the services the police and SARCs provide. Instead we want to work in close collaboration.

I've attached an info pack which explains more.

Please can you let me know when you're available for a call?

Kind regards



From: [REDACTED]@myenough.com>
Sent: Tuesday, July 23, 2024 10:11 AM
To: [REDACTED]@devonandcornwall.pnn.police.uk>
Cc: HERNANDEZ Alison 99901 <Alison.Hernandez@devonandcornwall.pnn.police.uk>
Subject: Re: Ending rape: innovative start-up

Hi [REDACTED]

Hope you're doing well. Still nothing back from [REDACTED]

Apologies for pestering, I'm just really keen to speak to some of the people you suggested. Let me know if you want to have a quick call today

[REDACTED]

From: [REDACTED]@myenough.com>
Sent: 26 July 2024 10:17
To: [REDACTED]@devonandcornwall.pnn.police.uk>
Cc: HERNANDEZ Alison 99901 <Alison.Hernandez@devonandcornwall.pnn.police.uk>
Subject: Re: Ending rape: innovative start-up

Hi [REDACTED]

Thank you for the update. I'd love to speak with [REDACTED] but appreciate how busy you all must be at the moment. Please let me know if there's anything further I can provide in the meantime. We will have our full website complete towards the end of next week so I will share that as soon as I can.

I'll wait to hear from you [REDACTED]

Thanks

[REDACTED]

From: [REDACTED]@myenough.com>
Sent: 05 August 2024 18:34
To: HERNANDEZ Alison 99901 <Alison.Hernandez@devonandcornwall.pnn.police.uk>
Subject: Fwd: Follow up info

Summary of what I've shared with [REDACTED]. I think doc 1 could be a good briefing document for others too

Begin forwarded message:

From: [REDACTED]@myenough.com>
Date: 1 August 2024 at 14:02:20 GMT-7
To: [REDACTED]
Subject: Follow up info

Hi [REDACTED]

Great to chat earlier, thanks so much for taking the time and also talking me through your background - am very inspired by your contributions.

I've attached a follow up document which includes a lot of detail on everything that we covered both in our conversation and emails, in addition to other information that I think

might help. I've written this with the intent for it to also be shared with your seniors for them to understand who we are and what we aim to achieve. We can discuss this when we meet again tomorrow.

I've listed the following attachments within the document, but just summarising here:

1. Enough summary
2. Full research readout
3. Research readout summary
4. Admissibility legal counsel
5. User guide for kit

Looking forward to speaking tomorrow and discussing next steps

Thanks



Enough to end rape
Prepared for [REDACTED]
1st August 2024

What we are

We are a social justice, not criminal justice service. We are the solution for the 83% of survivors who are not reporting today.

We have spoken to survivors at length to create a form of reporting that they want to use. It involves acknowledging what happened to them simply and discreetly, increasing awareness of rape, (and starting to create a public deterrent through that mass awareness), as well as building a community of support and survivors.

We are not trying to turn people away from the police or other services. Conversely, we will be signposting people towards these services and potentially increasing the number of survivors who the police/SARCs/crisis teams are able to support.

We are a not-for-profit, soon to be foundation, committed to ending sexual violence worldwide.

The purpose of our kit

Our kit is not intended to be for criminal prosecutions. Our kit is the first step in a survivor's recovery because it is a simple step they are taking to acknowledge something bad happened to them. Beyond that, it is a signal of the harrowing prevalence of this crime – it is a visible reminder of the number of survivors of sexual violence.

The reason we say it creates a credible threat to deter rape is not because it will be used in criminal proceedings, but because (1) it gives survivors something tangible (beyond he said/she said), shifting the power from perpetrators to survivors, (2) with this in their back pocket, it increases the likelihood they may decide to take a further step, instead of being trapped in inaction, and (3) because it creates public awareness and is a collective call to action to solve this heinous problem.

[REDACTED]

[REDACTED]

[REDACTED]

[REDACTED]

[REDACTED]

The truth about rape

research conducted by **enough.**

The numbers

413,000 rapes per year
0.2% convicted

In our sample of survivors

80% didn't report to the Police
of the 20% that did
75% regretted it
~2x likelihood of friends denying your truth, not accepting it
90% suffered PTSD and over the ~4 years following
50% got therapy
70% of those had negative experience
80% asked for a community of survivors

The narrative

Rape is pervasive, yet invisible. It is undermined to such an extent that survivors often deny their own rape to themselves.

Survivors are routinely blamed for doing 'nothing', but their silence is unsurprising. Even when they identify what happened as rape, they are made to feel ashamed and undeserving of justice or support.

Survivors have given up on the police: CJS turns rape into a living nightmare and puts them in perpetual limbo. All they want to do is get on with their lives.

The most painful of all is the reaction from their close friends who, out of fear of social ostracisation, side with the perpetrator over the survivor. It is the survivor who is punished for this heinous crime. No wonder they don't speak up.

The support available to survivors is bleak: therapy is ineffective, and there are very limited alternatives. The lack of recognition and support results in profound PTSD for almost all survivors.

What survivors need and want couldn't be further from what exists today.

Rape is pervasive

413,000

women raped every
year in the UK

17%

report

0.5%

rapists go to court

0.2%

are prosecuted

yet invisible

80%

denied their own rape, because of:

No external signals of importance

'It's very hard to rationalise emotions when you receive no signal of what happened to you being wrong or worthy of distress. There is nothing saying that you should be struggling because of this.'

Damaging rape myths

'My associations of the word rape didn't align with what happened to me. I'd heard about it at school, but I didn't feel like it matched how dramatic the word rape is.'

Visible power of perpetrators

'It's overwhelming: _____ recently in the news, all the stories of sexual assault and a constant gaslighting of women.'

As a survivor, your options are report to the police, or do nothing

The police is the only real option...

'It's really upsetting to think of the police being the only option.'

'At the moment you are limited to going into the station and having it done there.'

'Sadly the only way that people will believe you is through reporting. They'll say: why didn't you report it?'

...which almost no one considers or chooses

80%
didn't even consider the police

'People our age are so disillusioned by the police.'

'Going to the police is a major decision. It can be so easily missed/too late, and it is impossible to fully think through if it's the right thing to do in the time that you need to make the decision.'

'I needed a bit of space to think about, then decide whether to report it'

The only ones who did were initiated by bystanders

'Boyfriend of a survivor: 'I felt ashamed that I trusted in the CJS because no one has been punished. I wish I had taken justice into my own hands.'

'My dad did a 180, confronted him and family and the police were called'

'Someone saw me and to went to security who asked me if I want to call the police. I didn't know. I remember the dread of waking up, knowing I needed to talk to someone from the police. It would have been something I wouldn't have really shared otherwise.'

CJS turns rape into a living nightmare for survivors

Defines you

'Reporting to the police puts a target on your back and associates you with it.'

Brings no outcome

'The police is not going to do anything about these cases – they will just make you feel shame.'

Takes control

'I didn't want to because then it would be public – I wanted to be in control of who I was telling. I didn't want to tell my parents; I think it would break their hearts.'

Questions you

'You're fighting for your right to be believed if you go to the police.'

Is overwhelming

'I couldn't have done it, knowing what I know about CJS, the whole process would have killed me.'

Makes you feel criminal

'A few of my family were interviewed and the questions they were asked were awful. They put my character on trial.'

Puts your life on pause

'They took so much and gave me nothing. It was incredibly confusing, and they didn't ever take the time to explain why.'

Is in conflict with recovery

'I couldn't speak to a therapist. It would work against me in court'

Holds you in the past

'I didn't trust the police, but even if I had, I may not have reported because I just wanted to just get on with my life.'

Never ends

'It's not something that you can easily report as a crime and that be the end of it.'

20% 75%

**reported to
the police**

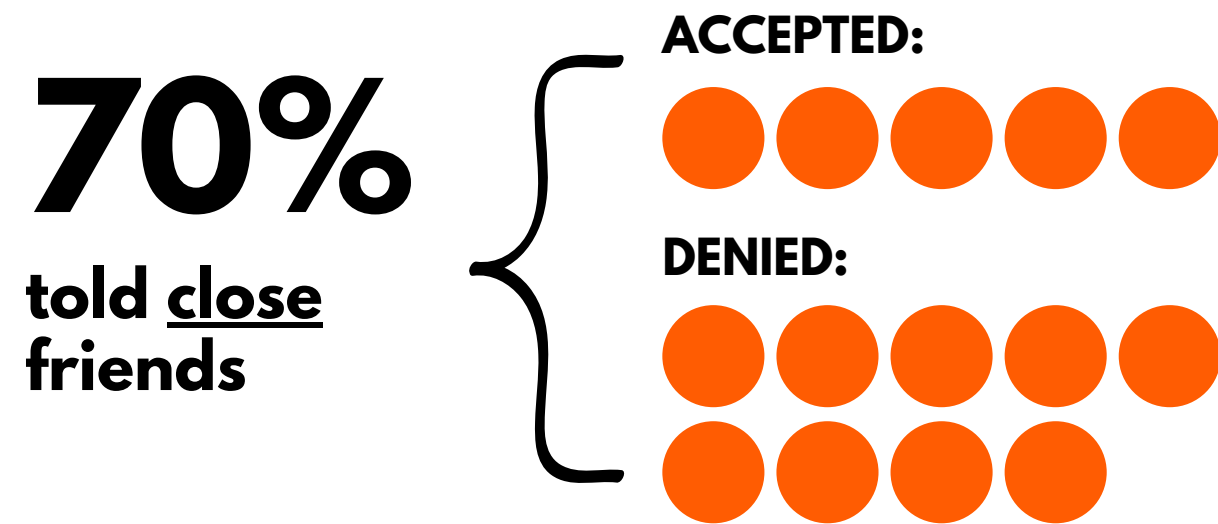
**of those
regretted it**

The only survivor who didn't regret reporting:

'I wish I hadn't reported because nothing came from it and it ended up making me feel worse. But at the same time, they connected me to a charity, and I felt that I had to tell my mum. They have both helped me.'

But the final blow comes from your very own friends

The fear of being socially ostracised leads close friends to deny your truth



‘What he did broke my heart, what she (best friend) did obliterated it. My best friend turned her back on me and that created the blue print for expecting others to do the same.

My best friend with our whole lives intertwined, if she won't accept my truth, no one ever will.'

Wider groups take the socially convenient option and side with perpetrators

‘People didn't even like him, he wasn't a nice guy, but it's still easier to say she's a whore than him being the problem. They would say I'm so sorry the way he treated you, but sorry is empty if there are no actions.'

‘There was a lot of: you're so easy, that's disgusting why would you do that? There was an anonymous snapchat poll where boys could ask questions and he was answering really awful things about me. I don't even like to say them out loud.'

'The worst stuff really was the social stuff. You really believe the things people say. I haven't really overcome the social trauma.'

The profound PTSD survivors suffer is horrifying, but unsurprising

90%
suffered PTSD

Toxic coping mechanisms

'I had a who gives a shit mentality with various bouts of self-harm and eating problems.'

'It's 7 years on and it's just got to the point where I can maintain friendships and relationships, drink without blacking out, not self-harm or starve myself.'

'I was ruined by it – bouts of drug abuse, anorexia, self harm.'

Scarred relationships

'I had to relearn how to have sex twice with boyfriends.'

'Sex itself is triggering, especially in certain positions.'

'It's not water under the bridge. I get anxious sleeping next to new people.'

'Everyone says 'go get yourself a nice boyfriend' but I'm still so affected by it.'

'Any type of touch prompts me to think about people taking advantage.'

A different life

'I dropped out of uni, not sure what I wanted to do after.'

'I'm definitely more cautious in what I might do and how I might travel around.'

'I'm now scared to walk alone at night.'

'Whenever she (Mum) told me anything re the case I would have to take a week off college.'

'The whole of last year, every time I saw him I had panic attacks and I wanted to die.'

'It's crazy how much it fucks you up.'

Reporting and justice are broken, so is support

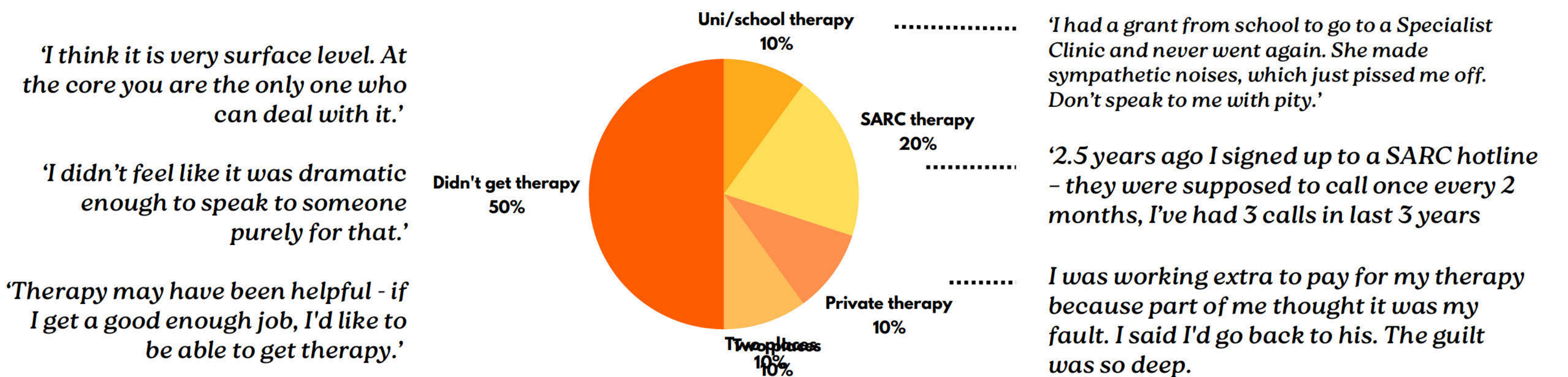
Therapy is rarely an immediate response, and gets blended in among other topics.

Of the survivors who had therapy, 50% didn't until at least 4 years after, and of the ones who received therapy in the first year 50% of them had to have it again later (after a period of at least 4 years.)

And it's not guaranteed to work

70% Had a negative experience

'I gave up on therapy – it's not that I don't believe in it, I just don't think it can work for me.'



The options beyond therapy are bleak

It's a lonely recovery

'All friends who have been abused have had to engage in that process by themselves.'

'Resources were so few and far between, I felt like everything was marketed to adults.'

'The uni had some resources, but you have to go searching yourself.'

'I only had friends and time.'

'When I eventually told me friend she said she was concerned I had been raped, but didn't say because didn't know what to say'

Social media helps, but is insufficient

'A lot of my education on this topic has come from social media - the majority of what I look at is on my explore page on Instagram.'

Talking it through with someone you trust can make all the difference

'I spoke to Mum and that was cathartic. I wasn't trying to ruin his reputation (she liked him), but I told her that he wasn't the perfect boyfriend she thought he was. It was helpful to speak out even if it's just to my mum.'

'Most of my friends have similar stories. Talking through your feelings and hearing that someone else is feeling that too is helpful.'

'It's useful to talk to friends. I wish I had started talking about it before, not locked it in that deep side of me.'

But raising it with them is half the battle

'I wanted my mum to know without having the conversation with her myself'

Together, survivors' individual struggle can become collective strength

Like rape, other survivors are seemingly invisible

‘As girls, we all know that rape has happened to a crazy percentage of us, but finding the actual specific people to relate to is hard.’

‘As a survivor you feel like you've slipped through the cracks, unnoticed.’

They are the only ones who can truly empathise, believe and validate, because sadly they've been there too.

80%

want some form of community

‘I feel like I used all the options available, but I didn't have the option of a community. I would have found it useful to speak to others straight after.’

‘I'd want to speak to people who understand me and my circumstances. When I was given that leaflet, I didn't feel seen or listened to. If you've not been through it, you can't tell others how to feel’

‘I'd love information about where I can find similar people. I don't know anyone with the same experience with their boyfriend.’

A community would bring together all these other people who've been through what I've been through. As a young person, it's very helpful to hear other women saying it happened, it's ok and we can talk about it.’

What survivors actually want

1.

Expect to be believed

'I wish I knew something wrong had happened, that I didn't need to fight for feeling this way.'

2.

Have evidence to acknowledge that something bad happened

'Not having evidence became a corruption of our stories. We were battling for our own narrative'

3.

Have a straightforward way of taking care of it

'I would have liked to know that someone knows and something is done about it.'

4.

Stop it happening to other people

'He is continuing his life, doing it to other people. I didn't do anything – I feel that I have failed as a woman.'

'Helping someone else is like helping your past self.'

5.

Get the support they deserve

'I'd want some level of support services. If it's rape there's not an obvious support system'

6.

Be supported socially

'I had a choice: deny your truth and keep your friends, or just keep those who are loyal.'

**Thank you for reading and recognising
the importance of this issue**

Any questions?

hello@myenough.com

Methodology

Over the course of 6 months (Sep 23 - March 24), we spoke at length to 20 survivors to understand their feelings and decisions in the aftermath of their rape.

Our questions were unbiased and not leading - we know this would undermine the quality of this research effort.

Conversation structure

We started with the survivor's story: what happened, how they felt, what they did, who they spoke to, who they didn't speak to, what they didn't do, whether they had support, whether they considered the police, how people reacted.

Then we asked them to imagine what their ideal solution would have involved: what would have happened, who would have been involved, how it might have made them feel.

Only at the end of the conversation would we explain ideas for our platform. We didn't share too many of the benefits, instead asking survivors to explain how they would describe it to a friend, and hearing what they believed the key benefits to be.

What is enough?

We are organisers of a social movement

Our ambition is to create a reporting system that benefits survivors (validating and supporting them) and for society (detering rape).

This piece of research is the first step in understanding the depth of the problem that we are setting out to solve.

FLIP ON SHORT EDGE
WHEN PRINTING

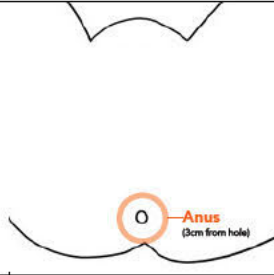
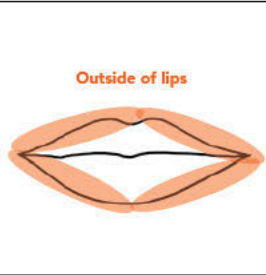
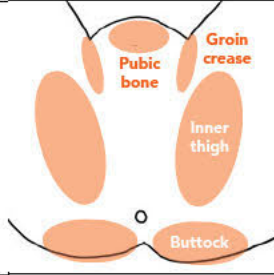


<p>We've put together this quick guide to help you take your sample and clarify any questions you might have.</p> <p>It's worth having a look at our website and FAQs - there's lots more helpful info on there.</p> <div><div> Full FAQs</div><div> Website</div></div>	<p>What is this?</p> <p>A DNA kit for you to use discreetly and quickly.</p> <p>Results that belong to you and no one else.</p> <p>The first step in your recovery.</p> <p>This kit is for all genders and can be used after showering.</p>	<p>What's the water for?</p> <p>It's important for the swab to be damp (so it can pick up dried evidence.)</p> <p>But please make sure it is damp, not dripping! The best way to do this is to squeeze a couple of drops on to the swab.</p>	<p>What do I do?</p> <ol style="list-style-type: none">1. Unseal the swab (not before)2. Read the options for where to use the swab. If several apply, go for the first (they are ordered by likely quality of DNA)3. Put it back in the envelope and send it via the post office. If you can't straightaway, put it in the fridge until you can. The freepost label takes it straight to the UKAS accredited laboratory	<p>Where can it be used?</p> <p>You can take a sample from: Vagina, anus, vulva, mouth, skin (see next pages for detail.) The best results are from liquid e.g. sperm/saliva, even if now dry.</p> <p>We've ordered these by strongest likely DNA presence, but you should test wherever is most comfortable, as long as their skin came into contact with yours.</p>	<p>Before you start, please read the full guide. We promise it won't take long.</p> <p>Wash your hands and set yourself up somewhere comfy. If you'd like, you can angle your phone or a mirror to see what you're doing more clearly.</p>	<p>Vagina (internal)</p> <p>Test within: 7 days, ideally 48h.</p> <p>Appropriate for: penetrative sex (either penis or other body part). Even if there was a condom or no ejaculation, this is the best place to take the sample.</p> <p>Insert swab 3-5cm inside vagina (high). Gently rotate and try to avoid vaginal wall on entry/exit.</p> 	<p>Vulva (external)</p> <p>Test within: 7 days, ideally 48h.</p> <p>Appropriate for: no penetration</p> <p>Roll one swab over the vulva and perineum.</p> 
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Orange is larger to
avoid white fringing
after cutting. Size not
affected

We've got a whole load of T&Cs (sorry, we had to)



enough.

<p>Anus</p> <p>Test within: 3 days.</p> <p>Appropriate for: anal penetrative sex (either penis or other body part), even if a condom was used.</p> <p>With a little bit of pressure, roll the swab in a circle over the perianal skin, 3cm from the anus.</p> 	<p>Mouth</p> <p>Test within: 2 days</p> <p>Appropriate for: oral sex (either penis or other body part), even if a condom was used.</p> <p>With a little bit of pressure, roll the swab over the outer (darker) part of the lips, including where the lips meet.</p>	<p>Outside of lips</p> 	<p>Skin</p> <p>Test within: 2 days</p> <p>Appropriate for: prolonged skin to skin contact e.g. persistent rubbing</p> <p>Roll a swab over the skin area with some pressure. Focus area might include breasts (especially mouth contact), pubic bone, inner thigh, groin crease, buttocks and scrotum.</p> 	<p>The final step</p> <p>Please go to myenough.com/report to register your sample, write what happened and sign our consent form. We can't test without this.</p> <p>We need this info be able to tell you your results. If you have anything else to keep (e.g. clothes), put them in a clean bag and write the date on.</p> <div> Report</div>	<p>You've already taken a huge first step in your recovery by acknowledging what happened.</p> <p>Have a look at our next steps and recovery resources to continue that journey.</p> <p>This guide was created in collaboration with a UKAS Accredited Laboratory CE</p> <div> Recovery</div>
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Quick
Discreet
Simple

Yours.

From: [REDACTED]@myenough.com>

Sent: 08 September 2024 10:21

To: Alison Hernandez <alison@alisonhernandez.co.uk>; HERNANDEZ Alison 99901
<Alison.Hernandez@devonandcornwall.pnn.police.uk>

Subject: The situation

Hi Alison

As requested, here's a summary of the situation. I hope it is helpful context before we meet tomorrow.

We are in a situation where we have sought advice from all the places you'd expect (FFLM, SARCs, police, labs, lawyers), [REDACTED]

[REDACTED]

[REDACTED]

[REDACTED]

[REDACTED]

I contacted you to ask for support on two fronts: any advice on resolving this stakeholder situation, and also to ask if you'd be prepared to give us the vote of confidence that we really need at this point e.g. speaking with the [REDACTED]

Looking forward to speaking with you and your team shortly

Best wishes

[REDACTED]

Enough to end rape
Prepared for [REDACTED]
1st August 2024

What we are

We are a social justice, not criminal justice service. We are the solution for the 83% of survivors who are not reporting today.

We have spoken to survivors at length to create a form of reporting that they want to use. It involves acknowledging what happened to them simply and discreetly, increasing awareness of rape, (and starting to create a public deterrent through that mass awareness), as well as building a community of support and survivors.

We are not trying to turn people away from the police or other services. Conversely, we will be signposting people towards these services and potentially increasing the number of survivors who the police/SARCs/crisis teams are able to support.

We are a not-for-profit, soon to be foundation, committed to ending sexual violence worldwide.

The purpose of our kit

Our kit is not intended to be for criminal prosecutions. Our kit is the first step in a survivor's recovery because it is a simple step they are taking to acknowledge something bad happened to them. Beyond that, it is a signal of the harrowing prevalence of this crime – it is a visible reminder of the number of survivors of sexual violence.

The reason we say it creates a credible threat to deter rape is not because it will be used in criminal proceedings, but because (1) it gives survivors something tangible (beyond he said/she said), shifting the power from perpetrators to survivors, (2) with this in their back pocket, it increases the likelihood they may decide to take a further step, instead of being trapped in inaction, and (3) because it creates public awareness and is a collective call to action to solve this heinous problem.

[REDACTED]

[REDACTED]

[REDACTED]

[REDACTED]

[REDACTED]